ACUTE CHOLECYSTITIS

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Acute cholecystitis is inflammation of gall-bladder.

BILIARY ANATOMY



BILE STONES





BILE STONES



Gallstone Pathogenesis

- Bile contains:
 - Cholesterol
 - Bile salts
 - Phospholipids
 - Bilirubin

Gallstones are formed when cholesterol or bilirubinate are supersaturated in bile and phospholipids are decreased

Gallstone Pathogenesis

Stone formation is:

- 1. Initiated by cholesterol or bilirubinate super saturation in bile
- 2. Continued to crystal nucleation (microlithiais or sludge formation)
- 3. And gradually stone growth occur
- Gallstone types
 - 1. Cholesterol
 - 2. Pigment
 - Brown
 - Black

Definitions

- Acute cholecystitis
 - Acute GB distension, wall inflammation & edema due to cystic duct obstruction.
 - RUQ pain (>24hrs) +/- fever, ↑WBC, Normal LFT,
 - Murphy's sign = inspiratory arrest



The pathological sequences during a bout of uncomplicated cholecystitis

Definitions

Chronic cholecystitis

- Recurrent bouts of biliary colic leading to chronic GB wall inflammation/fibrosis.
- No fever, No leukocytosis, Normal LFT

Definitions

Biliary colic

 Wax/waning postprandial epigastric/RUQ pain due to transient cystic duct obstruction by stone

No fever, No leukocytosis, Normal LFT

Asymptomatic Gallstone

- Incidentally found gallstone in ultrasound exam for other problems
 - Many individuals are concerned about the problem
- Sometimes pt. has vague upper abdominal discomfort and dyspepsia which cannot be explained by a specific disease
 - If other work up are negative may be
- Routine cholecystectomy is not indicated

Risk Factors for Gallstones

- Obesity
- Rapid weight loss
- Childbearing
- > Multiparity
- Female sex
- First-degree relatives
- Drugs: ceftriaxone, postmenopausal estrogens,
- Total parenteral nutrition
- Ethnicity: Native American (Pima Indian),
 Scandinavian
- Ileal disease, resection or bypass
- Increasing age

Clinical signs

Pain

Characteristic for it is great acute pain in right hypochondrium and epigastric area with an irradiation in right supraclavicular area and right shoulder. If pain syndrome has the strongly expressed character, it is named billiary colic.

Dyspepsic syndrome. Frequent symptoms which disturb a patient, are nausea, frequent vomitting, at first by gastric maintenance, and later — with bile. Afterwards feelings of swelling of stomach, delay of emptying and gases.

Symptoms and clinical signs

Murphy's sign is a delay of breathing during palpation of gall-bladder on inhalation.

Kehr's symptom is strengthening of pain at pressure on the area of gall-bladder, especially on deep inhalation.

Ortner's symptom — painfulness at the easy pushing on right costal arc by the edge of palm.

Complications

Hydropsy (mucocele) of gall-bladder is its aseptic inflammation, that arises up as a result of blockade of cystic duct by concrement or mucus. The bile from a bubble is sucked in, and on replacement transparent exudation accumulates in its formation. During palpation increased and unpainfully gall-bladder is marked in patients.

Complications

Biliary pancreatitis Worsening of the patient's condition, appearance of pain, frequent vomitting, signs of cardio-vascular insufficiency, high amylasuria, presence of infiltrate in epigastric area An icterus arises up at violation of passage of bile in duodenum as a result of obturation of choledochus by concrement, by putty or through the edema of head of pancreas. Thus icterus sclera, bilirubinemia, dark urine and light unpainted excrement arise.

Cholangitis

The Charkot triad is characteristic for the patient with this pathology. Next to pain syndrome and icterus, the temperature of body rises to 38–39 0C, there is a fever, high leucocytosis and decline of sizes of functional tests of liver is observed. Empyema of gall-bladder is unliquidated in time hydropsy, that at repeated infection is transformed in a new form.

The high temperature of body is periodically observed. In blood high leucocytosis with the shift of formula of blood to the left is present.

DIAGNOSIS

- 1. Anamnesis and physical methods of inspection.
- 2. Survey sciagraphy of organs of abdominal cavity.
- 3. Sonography.
- 4. General analysis of blood and urine.
- 5. Diastase urines.
- 6. Biochemical blood test (bilirubin, amylase, alanine aminotransferase, asparaginase, alkaline phosphatase, creatinine).
- 7. Coagulogram.

Gall bladder ultrasound

Shows gallstones

the acoustic shadow due to absence of reflected sound waves behind the gallstone



Ultrasound



- Curved arrow
 - Two small stones at GB neck
- Straight arrowThickened GB wall

• Pericholecystic fluid = dark lining outside the wall

CT scan



➤ → denotes the GB wall thickening

denotes the fluid around the GB

GB also appears distended

- Hydrops
 - Obstruction of cystic duct followed by absorption of pigments and secretion of mucus to the gallbladder <u>(white bile)</u>
 - There may be a round tender mass in RUQ

> Urgent Cholecystectomy is indicated

- Empyema of gallbladder
 - Pus-filled GB due to bacterial proliferation in obstructed GB. Usually more toxic with high fever
- Emergent operation is needed

Emphysematous cholecystitis

- More commonly in men and diabetics.
 Severe RUQ pain, generalized sepsis.
- Imaging shows air in GB wall or lumen

Emergent cholecystectomy is needed

Emphysematous cholecystitis



Perforated gallbladder

- Pericholecystic abscess (up to 10% of acute cholecystitis)
 - Percutaneous drainage in acute phase
- Biliary peritonitis due to free perforation
- > Emergent Laparotomy



Sequence of pathological processes leading to perforation of the gallbladder



Sequence of pathological processes localising a perforation of the gallbladder

Gallstone Ileus



Definitions

- Acalculous cholecystitis
 - A form of acute cholecystitis
 - GB inflammation due to biliary stasis(5% of time) and not stones(95%).
 - Often seen in critically ill patients
 - Emergent operation is needed

Cholangitis

- Infection within bile ducts due to obstruction of CBD.
- Infection of the bile ducts due to CBD obstruction secondary to stones, strictures
- May lead to life-threatening sepsis and septic shock
- It may present as two forms:
 - Suppurative
 - Non-suppurative

> Non suppurative:

Persistent RUQ pain + fever + jaundice,
 (<u>Charcot's triad</u>) ↑WBC, ↑LFT,

> Suppurative:

- Hepatic encephalopathy or hypotension may ensue (Reynold's pentad)

MRCP & ERCP



ERCP endoscopic sphincterotomy



*ADAM





Retrieving the CBD Stones



Gallstone pancreatitis

> 35% of acute pancreatitis secondary to stones

- Pathophysiology
 - Reflux of bile into pancreatic duct and/or obstruction of ampulla by stone
- ALT > 150 (3-fold elevation) has 95% PPV for diagnosing gallstone pancreatitis
- > **Tx**: ABC, resuscitate, NPO/IVF, pain meds
- Once pancreatitis resolving, ERCP & stone extraction/sphincterotomy
- Cholecystectomy before hospital discharge in mild case

Porcelain Gallbladder

A precancerous condition

> Needs cholecystectomy



Treatment

Medical Treatment

Medical treatment for

- Acute biliary colic attack
- Acute cholecystitis with comorbid diseases

Including:

- GI rest
- NG tube if vomiting
- IV Fluids
- Analgesics (not morphine)
- Antibiotics for *cholecystitis* (against GNR & enterococcus)

Surgical Treatment

- Early cholecystectomy for acute cholecystitis (usually within 48-72 hrs—GOLDEN PERIOD)
 - Laparoscopic
 - Open
- Elective cholecystectomy for biliary colic, chronic cholecystitis and some asymptomatic stones
 - Laparoscopic
 - Open
- Cholecystostomy is the best choice If patient is too sick or anatomy is deranged
 - Percutaneous
 - Open